

# SEASON FOR NONVIOLENCE

JANUARY 30 - APRIL 4

MAKE  
A  
DIFFERENCE



MAKE  
A  
DIFFERENCE

"It takes four generations to recover from every act of violence."  
-- Rebecca Adamson

**Do One Thing for a Better World**

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

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