











BE A HERO FOR A BETTER WORLD



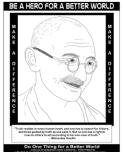
TELL THE TRUTH

DAY

April 2









Do One Thing for a Better World

BE A HERO FOR A BETTER WORLD

Do One Thing

...make a difference...

for a Better World.

Together We Make a World of Difference!



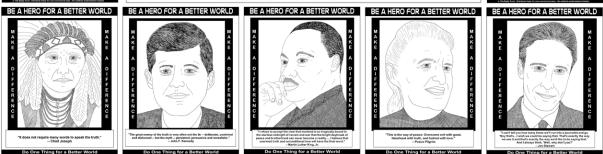


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"The truth which has made us free will in the end make us glad also."
-- Felix Adler

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"One isn't necessarily born with courage, but one is born with potential. Without courage, we cannot practice any other virtue with consistency. We can't be kind, true, merciful, generous, or honest."

-- Maya Angelou

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M M A K E E Α Α D D E E R R E E C E

"The least initial deviation from the truth is multiplied later a thousandfold."

-- Aristotle

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"It is one of the severest tests of friendship to tell your friend his faults. So to love a man that you cannot bear to see a stain upon him, and to speak painful truth through loving words, that is friendship."

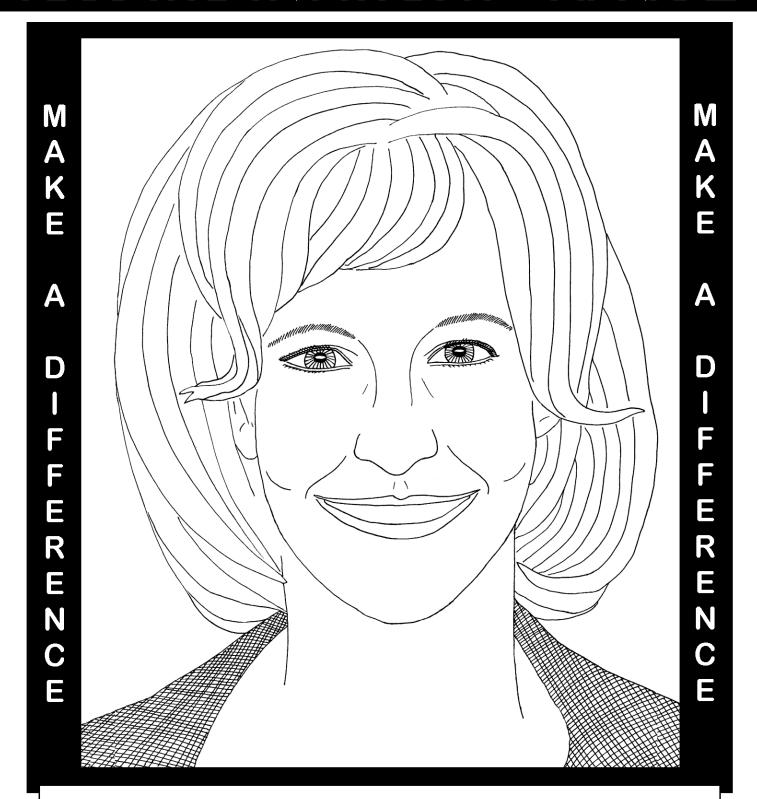
-- Henry Ward Beecher

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M M A A K K Ε E D D **EREZCE** E R E N C

"It's not enough to rage against the lie...
you've got to replace it with the truth."
-- Bono

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"If you follow your heart, if you listen to your gut, and if you extend your hand to help another, not for any agenda, but for the sake of humanity, you are going to find the truth."

-- Erin Brockovich

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"The truth is always exciting. Speak it, then. Life is dull without it."
-- Pearl S. Buck

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M M A K K E E Α Δ D D E E R E R E N C C

"It is the responsibility of intellectuals to speak the truth and expose lies."
-- Noam Chomsky

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M M A A K K E E A Α D D E E R E R Ε N N C C

"The world is too dangerous for anything but truth and too small for anything but love."
-- William Sloane Coffin

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M M A A K K E E A D D E E R REZCE E N C

"Truthiness is tearing apart our country, and I don't mean the argument over who came up with the word... It used to be, everyone was entitled to their own opinion, but not their own facts. But that's not the case anymore."

-- Stephen Colbert

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M M A A K K E E Α D D E E R R E N E N C C

"Defending the truth is not something one does out of a sense of duty or to allay guilt complexes, but is a reward in itself."

-- Simone de Beauvoir

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"You cannot kill the truth. You cannot kill justice.
You cannot kill what we are fighting for."
-- Jean Dominique

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M M A K E E Α Α D D E E R R Ε E N N C C

"The ideals which have lighted my way, and time after time have given me new courage to face life cheerfully, have been Kindness, Beauty, and Truth..."

-- Albert Einstein

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"We must apply our humble efforts to the construction of a more just and humane world. And I want to declare emphatically: Such a world is possible. To create this new society, we must present outstretched and friendly hands, without hatred and rancor, even as we show great determination and never waver in the defense of truth and justice. Because we know that we cannot sow seeds with clenched fists. To sow we must open our hands."

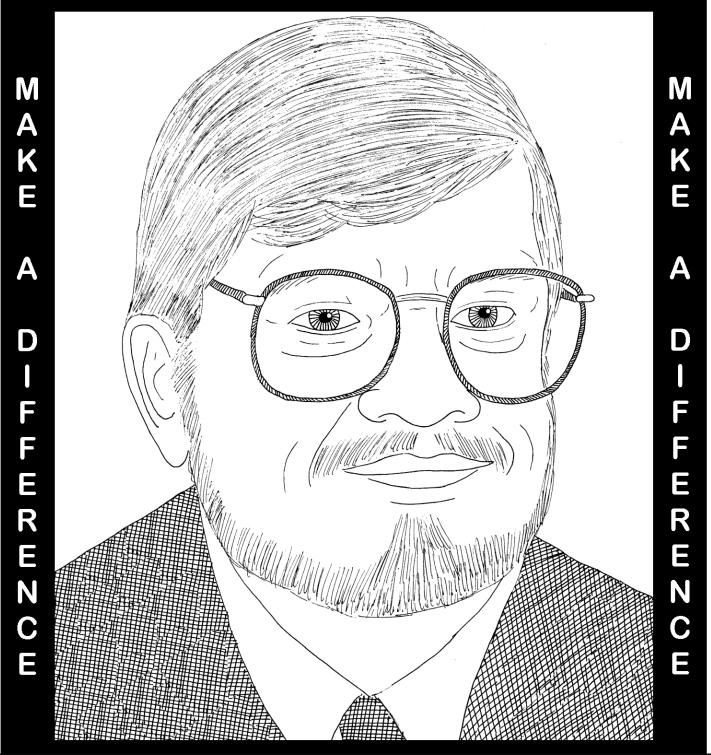
-- Adolfo Pérez Esquivel

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M M A A K E D D E R E R E N E N C C E

"Honesty is the best policy."
-- Benjamin Franklin

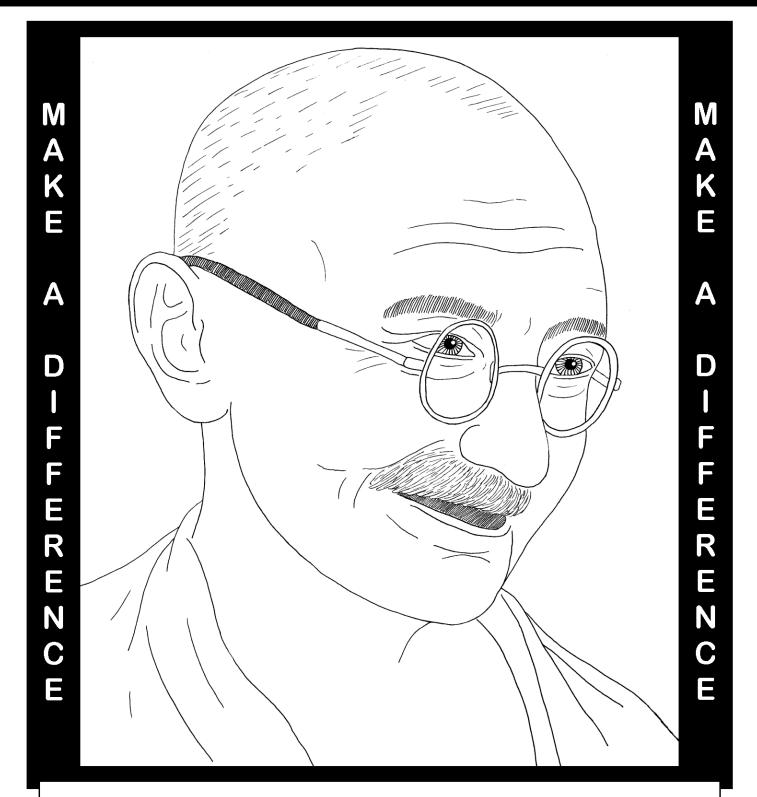
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"Satyagraha is the pursuit of truth. My grandfather believed that truth should be the cornerstone of everybody's life and that we must dedicate our lives to pursuing truth, to finding out the truth in our lives. And so his entire philosophy was the philosophy of life. It was not just a philosophy for conflict resolution, but something that we have to imbibe in our life and live it all the time so that we can improve and become better human beings."

-- Arun Gandhi

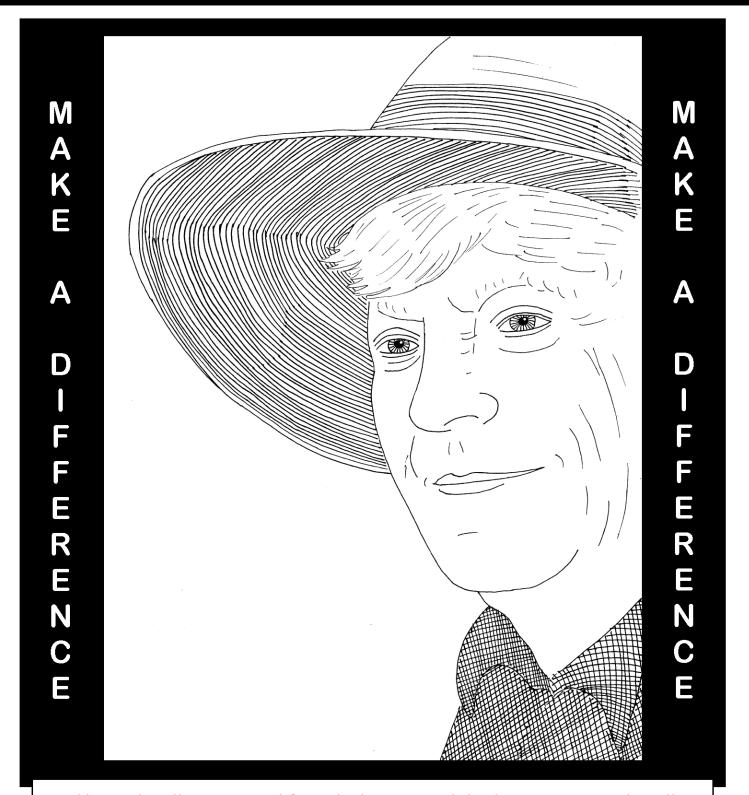
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"Truth resides in every human heart, and one has to search for it there, and to be guided by truth as one sees it. But no one has a right to coerce others to act according to his own view of truth."

-- Mohandas Gandhi

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"Never be discouraged from being an activist because people tell you that you'll not succeed. You have already succeeded if you're out there representing truth or justice or compassion or fairness or love."

-- Granny D (Doris Haddock)

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M M A K D D E R R E EZCE N C

"Do not be idolatrous about or bound to any doctrine, theory, or ideology, even Buddhist ones. All systems of thought are guiding means; they are not absolute truth."

-- Thich Nhat Hanh

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"We hold these truths to be self-evident; All people are born creative; Endowed by our Creator with the inalienable right and responsibility to express our creativity for the sake of ourselves and our world."

-- Barbara Marx Hubbard

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"The harder you try to suppress the truth, the more inevitable it is that it will find a way to come out." -- Arianna Huffington

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M M A A K K E E A D D E R E R E E N C N C E

"I believe that ignorance is the root of all evil.

And that no one knows the truth."

-- Molly lvins

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M M A K E D D - F F E R E Z C E EREN C

"We hold these truths to be self-evident--that all men are created equal; that they are endowed by their Creator with certain inalienable rights; that among these are Life, Liberty, and the pursuit of happiness."

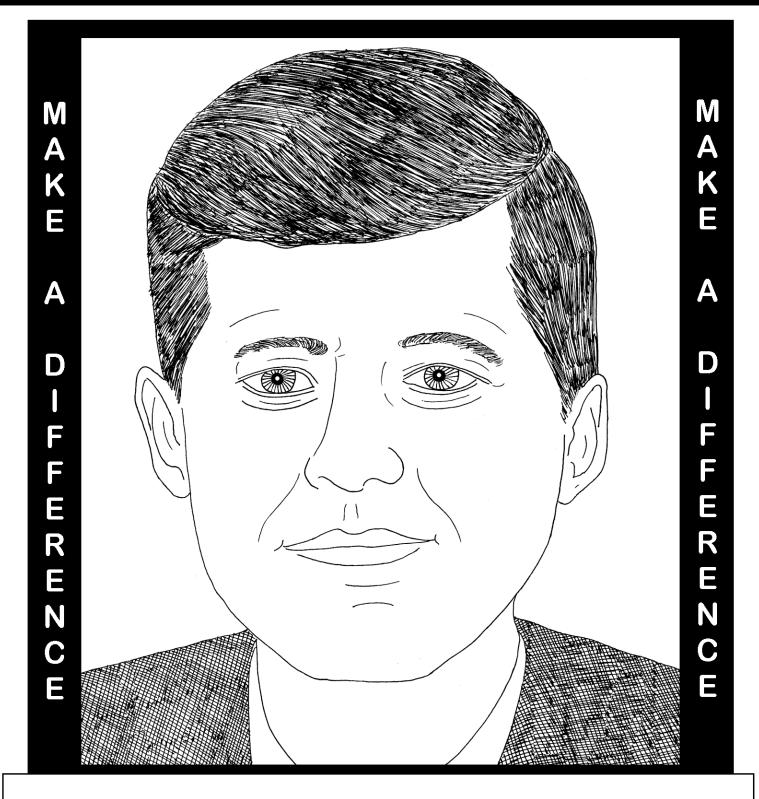
-- Thomas Jefferson

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M M A K D F E R E C E

"It does not require many words to speak the truth."
-- Chief Joseph

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"The great enemy of the truth is very often not the lie -- deliberate, contrived and dishonest -- but the myth -- persistent, persuasive and unrealistic."
-- John F. Kennedy

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M M A K E D D Ε E R E E N N C C E E

"I refuse to accept the view that mankind is so tragically bound to the starless midnight of racism and war that the bright daybreak of peace and brotherhood can never become a reality.... I believe that unarmed truth and unconditional love will have the final word."

-- Martin Luther King, Jr.

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M M K E D D E E R E E N N C C Ε

"...in place of the Old Bottom Line of money and power, a New Bottom Line of Love and Generosity is possible. People of all faiths need to shape a political and social movement that reaffirms the most generous, peace-oriented, social justice-committed, and loving truths of the spiritual heritage of the human race."

-- Rabbi Michael Lerner

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M M A A K E E D D E E R R E E N N C E C E

"You can fool some of the people all of the time, and all of the people some of the time, but you can not fool all of the people all of the time."

-- Abraham Lincoln (attributed)

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"It is one thing to show a man that he is in error, and another to put him in possession of truth."

-- John Locke

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M M A A K K E E D D F E E R R Ε E N N C C E E

"The more honest you can be, the less you have to hide... when I have nothing to hide, I have everything to give."
-- Kenny Loggins

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"So, I think that's the centerpiece of morality: Don't lie. But to do that, you have to go a step further and find out what the truth is."

-- George McGovern

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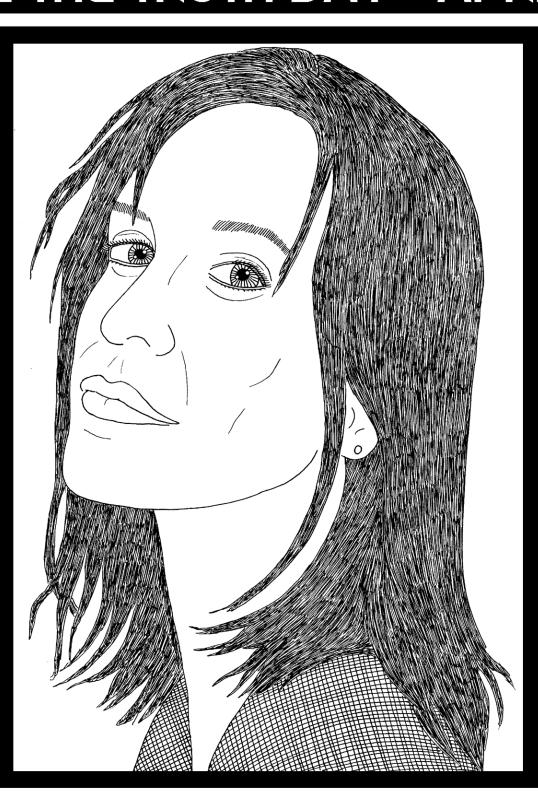


"I was brought up to believe that the only thing worth doing was to add to the sum of accurate information in the world."

-- Margaret Mead

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"I think everyone's hungry for the truth."
-- Alanis Morissette

Do One Thing for a Better World

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"The speed of communications is wondrous to behold.
It is also true that speed can multiply the distribution
of information that we know to be untrue."
-- Edward R. Murrow

Do One Thing for a Better World

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> "Let us be a little humble; let us think that the truth may not perhaps be entirely with us." -- Jawaharlal Nehru

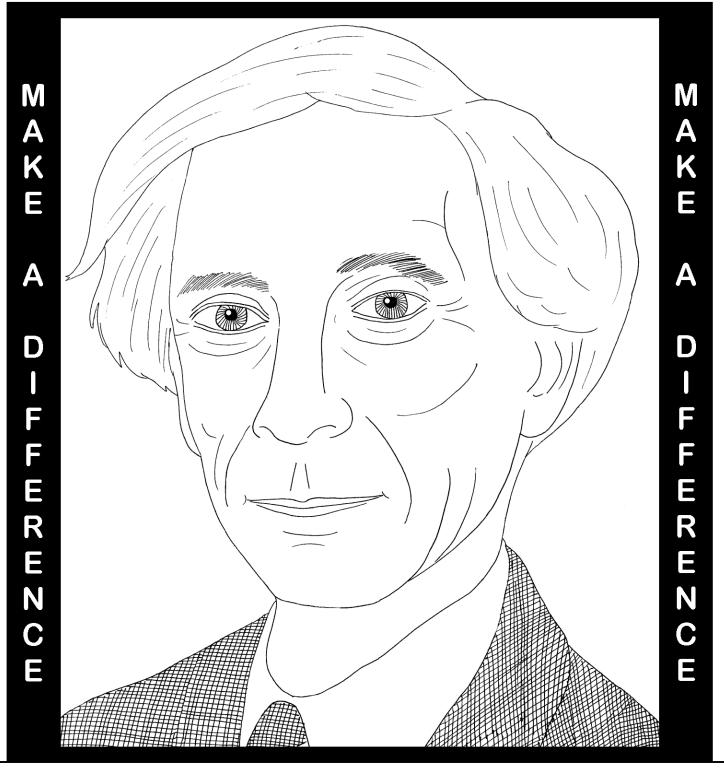
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"This is the way of peace: Overcome evil with good, falsehood with truth, and hatred with love."

-- Peace Pilgrim

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"If a man is offered a fact which goes against his instincts, he will scrutinize it closely, and unless the evidence is overwhelming, he will refuse to believe it. If, on the other hand, he is offered something which affords a reason for acting in accordance to his instincts, he will accept it even on the slightest evidence."

-- Bertrand Russell

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"Because I have confidence in the power of truth, and of the spirit, I have confidence in the future of mankind."

-- Albert Schweitzer

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"New opinions often appear first as jokes and fancies, then as blasphemies and treason, then as questions open to discussion, and finally as established truths."

-- George Bernard Shaw

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"By consciously making an effort to be truthful on Tell
The Truth Day, we remember that telling the truth really is
the best policy not just on Tell The Truth Day, but everyday."
-- Robert Alan Silverstein

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"Reformers who are always compromising, have not yet grasped the idea that truth is the only safe ground to stand upon."
-- Elizabeth Cady Stanton

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"The truth will set you free. But first, it will piss you off."
-- Gloria Steinem

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"I can't tell you how many times we'll run into a journalist and go, 'Boy that's...I wish we could be saying that. That's exactly the way we see it and that's exactly the way we'd like to be saying that.'

And I always think, 'Well, why don't you?'

-- Jon Stewart

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"Always tell the truth. That way, you don't have to remember what you said."
-- Mark Twain

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"The truth is more important than the facts."
-- Frank Lloyd Wright

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